

Higher Movement

DANCE • ZUMBA • FITNESS

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YOU CAN DANCE AFTER 40

- ladies 40 plus are welcome.
- 5 week session \$40 or \$10 a class.
- Wednesdays in March: 2, 9, 16, 23, & 30
- 6:45 to 7:45 at the Curtis Cultural Center, Meriden
- Instructed by Kirby Shields of Higher Movement
- Learn new and old dances: the Wobble, Thriller, the Jerk, the Whip/ Ney Ney, Teach Me How to Dougie, Footloose Line Dance, The Wop, Boot Scootin Boogie, and many more.
- To Register call 203-639-2856 or email accc@meridenct.gov.

Kirby Shields~

Kirby is passionate when it comes to dance, starting as early as the age of 3. Kirby studied at her studio in Wallingford, CT, as well as the Educational Center for the Arts (ECA) in New Haven, CT during high school. Following high school, Kirby chose to continue her dance training and education by attending the American Musical and Dramatic Academy (AMDA) in New York City. Kirby is currently the director of the dance program at the Jewish Community Center in Woodbridge, CT. She is truly eager to impart her wisdom on her students and watch them grow into true artists.

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